

# PREPARE FOR A POWER OUTAGE



## What should you be doing?

Loss of power may last hours or days



May disrupt communications, water, transportation



May close retail businesses, grocery stores, gas stations, ATMs, banks, and more



Can cause food spoilage, water contamination



Can prevent use of medical devices

## BEFORE



Register to receive emergency alerts from the Community Warning System at [cwsalerts.com/registration](http://cwsalerts.com/registration)



Update your contact information with PG&E at [pge.com/safety](http://pge.com/safety)



Take an inventory of the items you use that rely on electricity



Plan for your family and pet medical needs



Keep mobile phones charged. Identify backup charging methods for phones and electronics



Store water and non-perishable food

Install home carbon monoxide detectors with battery backups



Know how to use the manual release on your garage door. Keep gas tanks full.

## DURING



Keep freezers and refrigerators closed. Monitor freezer and refrigerator temperatures with a thermometer.



Use perishable food supplies first



Use generators, stoves or grills outdoors away from windows. Disconnect appliances and electronics to avoid damage



Check on neighbors, animals, and family

## AFTER



**When in doubt, throw it out!** Throw away food exposed to temperatures above 55° F for more than two hours.

Check with your pharmacist about refrigerated medicines

# Emergency Kit Suggestions

*You know what you need*

- Neighborhood map with local resources
- Battery-powered or hand-crank NOAA Weather Radio
- Portable generator
- CO2 detector
- Method for cooking food without electricity
- Surge protectors for appliances and devices
- Consider keeping cash on hand in case ATM and credit cards cannot be used
- Flashlight, extra batteries
- First aid kit
- Whistle to signal for help
- Moist towelettes, garbage bags, hand sanitizer
- Cell phone with backup powerpack
- Medicine, medical equipment
- Important documents
- 1 gallon per person per day of water
- A week of non-perishable food
- Pet food, water, supplies



**CONTRA COSTA COUNTY  
OFFICE OF EMERGENCY SERVICES**

## Prepare!

Start  
Here

### HAVE A PLAN

**What will you do?**

### MAKE A KIT

**What do you need?**

### STAY

### INFORMED

**What is your plan for  
getting information?**

### KNOW YOUR NEIGHBORS

**Share plans  
and resources**

**For more information:**

- [Ready.gov](http://Ready.gov)
- [CalOES.ca.gov](http://CalOES.ca.gov)
- [CCHealth.org](http://CCHealth.org)
- [Fire.ca.gov](http://Fire.ca.gov)