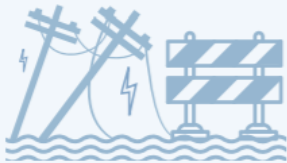


PREPARING FOR A POWER OUTAGE



What should you be doing?

Loss of power may last hours or days



May disrupt communications, water, transportation



May close retail businesses, grocery stores, gas stations, ATMs, banks, and other services



Can cause food spoilage, water contamination



Can prevent use of medical devices

BEFORE



Register to receive emergency alerts from the Community Warning System at cocoaws.us



Update your contact information with PG&E pge.com/wildfiresafety



Take an inventory of the items you use that rely on electricity



Plan for your family and pet medical needs

Keep mobile phones charged



Identify backup charging methods for phones and electronics



Store water and non-perishable food

Install home carbon monoxide detectors with battery backups



Know how to use the manual release on your garage door



Keep gas tanks full

Talk to your family and neighbors and share your plan



DURING

Keep freezers and refrigerators closed



Monitor freezer and refrigerator temperatures with a thermometer



Use perishable food supplies first

Use generators, stoves and grills outdoors away from windows



Disconnect appliances and electronics to avoid damage

Check on neighbors, animals and family



AFTER

When in doubt, throw it out! Throw away food exposed to temperatures above 39 degrees for more than two hours



Check with your pharmacist about refrigerated medications

Emergency kit suggestions

You know best what you will need

- Neighborhood map with local resources
- Battery-powered or hand crank NOAA Weather Radio
- Portable generator
- CO2 detector
- Method for cooking food without electricity
- Surge protectors for appliances and devices
- Consider keeping cash on hand in case
ATM and credit cards cannot be used
- Flashlight, extra batteries
- First aid kit
- Whistle to signal for help
- Moist towelettes, garbage bags, hand sanitizer
- Cell phone with backup powerpack
- Medicine, medical equipment
- Important documents
- 1 gallon per person per day of water
- A week of non-perishable food
- Pet supplies



Start here

Get Prepared

HAVE A PLAN

What will you do?

MAKE A KIT

What do you need?

STAY IN-FORMED

What is your plan for getting information?

KNOW YOUR NEIGHBORS

Share plans and resources

For more information visit

- Ready.gov
- CalOES.ca.gov
- Cchealth.org
- Fire.ca.gov



**CONTRA COSTA COUNTY
OFFICE OF EMERGENCY SERVICES**